

Dear prospective volunteers,

Thank you for applying to Caring Hearts Camp! As a volunteer-driven non-profit organization, we would not be able to offer this important service without the hard work and support of the caring hearts in our community. Your commitment is truly appreciated by our staff and board!

Please take a few minutes to answer the questions on the following pages openly and honestly. Your answers will help to determine your role at camp and how we can best maximize your experience. If you have any dietary restrictions, mobility impairments, or other needs or special requests that our team should be aware of, please include that on your application so they can be accommodated. We want Caring Hearts Camp to be a memorable and enjoyable weekend for everyone involved, campers and volunteers alike!

We will have two co-facilitators overseeing our spring session of camp. Cindy W. is a registered counsellor who has an extensive background in grief and trauma counselling and education, and Cindy R. is an educator with over 25 years' experience in the Regina public school system. There will also be another counsellor on-site to provide clinical support to campers and volunteers through the weekend.

At Caring Hearts Camp, our volunteers fall into three groups:

Cabin Leaders are assigned a group of campers to lead through the weekend. There are two cabin leaders per cabin, which are separated by age group and gender. Through the weekend, Cabin Leaders supervise their group during activities, meal times, and free time. Cabin Leaders will bunk with their group overnight Friday and Saturday.

Activity Leaders oversee a specific activity through the weekend and get to work with youth of all ages. Some of the activities planned are therapeutic (grief buddies craft, calm down jars, sharing circles) while others are more typical summer camp activities (horseback riding, rock wall climbing, canoeing). If you have any special skills or interests that you think could improve the children's camp experience, please include that on your application and we can try to fit that into our programming! Activity Leaders bunk in the Ranch House.

Camp Nurses will work with the Caring Hearts team to provide health care to campers in accordance with provincial health and safety codes. This includes establishing health needs with guardians of campers on registration day, dispensing medication to campers, record keeping, administering First Aid and communicating the need for higher levels of care if necessary. CHC needs at least one RN/NP through the weekend, and one LPN/RN/NP.

All volunteers are required to provide a volunteer record check (completed within the last 12 months) before being accepted as a volunteer for our programs, including the vulnerable sector check. Regina Police Service and Saskatoon Police Service both request a letter from the organization on company letterhead: **please contact Sarah Barker, Caring Hearts Office Manager, at 306-523-2780 or volunteer@caringheartssk.ca, to get this letter prior to going to your local detachment.** Your application can be submitted before you have gotten a copy of your volunteer record check, but all documents must be received by the Caring Hearts team by March 31, 2020, as the number of campers that we can accept depends on the number of volunteers secured by that date.

If you have any questions, please contact our team at 306-523-2780 or volunteer@caringheartssk.ca.

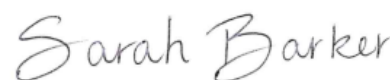
With gratitude,



Shelley Svedahl
Executive Director



Dwayne Yasinowski
Director of Education



Sarah Barker
Office Manager



Volunteer Application Form SPRING 2020

Please return the completed application & a copy of your volunteer record check to:
volunteer@caringheartssk.ca. **PLEASE PRINT.**

****Please note, volunteers must be a minimum of 18 years old.****

Name:	
E-Mail:	
D.O.B (DD/MM/YYYY):	App Submitted (DD/MM/YYYY):
Contact Information:	
(cell):	(secondary):
Address:	
Emergency Contact:	
<p>Are you willing to provide a volunteer record check (with vulnerable sector search) that is valid within one year of your application date?</p> <p>Yes / No (please indicate)</p> <p><i>If not, we are unable to accept your application at this time.</i></p>	
<p>Our volunteer training session is MANDATORY for all volunteers. Are you willing to attend a training day on Saturday, April 18th from 9:30 a.m. to 2:00 p.m.?</p> <p>Yes / No (please indicate)</p> <p><i>If not, we are unable to accept your application at this time.</i></p>	

1. What inspired you to volunteer at volunteer at Caring Hearts Camp?
2. What do you hope to gain from your volunteer experience?
3. What skills and abilities would you bring to CHC?
4. Have you volunteered with CHC in the past? If so, which duties are you already familiar with?
Would you like to take on a similar role or try something new?
5. What experience do you have working with children and youth in general? Please explain.
6. What age range of children are you most comfortable working with and why? Are you flexible to work outside your comfort zone?

7. Do you have any experience working with bereaved children and youth? If so, please explain.
8. Have you experienced any grief and loss yourself? If so, who have you lost and how and when did your loved one pass away?
9. If your own grief becomes triggered during camp, how would you handle that?
10. What is your preference for sleeping arrangements? Would you prefer to sleep in the children's cabin or apart from them? (*this will affect your assignment for the weekend*)
11. Do you have any special needs that may need to be accommodated during the weekend (e.g. health concerns, dietary needs, allergies, etc.?)
12. Are there any additional comments you wish to add or things you would like us to know?
13. Please circle your desired hoodie size: S M L XL XXL

Thank you for taking time to complete this form. If you ran out of space for any of these questions, please feel free to attach another page. While all applications are carefully considered, not all candidates may be selected to volunteer at camp.



Release and Waiver of Liability Caring Hearts Camp 2020

I hereby represent and certify that I am at least eighteen years of age. I am voluntarily requesting to volunteer in Caring Hearts Camp from Friday, May 1st, 2020 – Sunday, May 3rd, 2020. I hereby expressly declare that I am aware of the risks associated with camp and agree to assume the entire risks of any accidents, property damage, personal injury, including death that I might suffer in the duration.

I hereby undertake to wear appropriate clothing, and that I shall not arrive under the influence of alcohol, or any other substance which could impair my faculties and/or judgment.

I hereby acknowledge that camp entails inherent risks. In consideration of the above I hereby give, in my personal name and in the names of heirs, successors, beneficiaries and other legal representatives, a full and final release and discharge to Caring Hearts Counselling Inc. or their employees, agents, and/or officers from any and all manner of action and actions, cause and causes of action, suits, damages, judgments and executions, claims for personal injury, property damage and demands, whatsoever, including any past and future medical expenses and liens, in law or in equity, which I or my executors or administrators may have against the said Caring Hearts Counselling Inc. and their employees, agents, and/or officers, successors and assigns, for or by reason of any matter, cause or thing whatsoever, and without in any manner limiting the foregoing, on account of any and all claims arising from my participation/volunteering in Caring Hearts Camp.

I give Caring Hearts Counselling Inc. permission to use any video or photographs taken at the event for promotional, advertising or education purposes.

I have read the above statement and agree in full to its content.

Print Name

Signature

Witness

Date